

DAY 1

Refresh & Restore

Theme Verse: “For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me.” Matthew 25:35

DEVOTIONAL

READ: Matthew 14:13-21
Jesus Feeds The Five Thousand

The story of Jesus feeding five thousand amazes me, it shows God’s true power and compassion. Before Jesus did this miracle he had just heard that John the Baptist had been beheaded. He cared for other people even when he was mourning His cousin’s death.

Jesus fed these people both physically and spiritually. I believe God has called us to help others in both of these important hungers.

The Canadian Food Bank supports 850,000 people a month and over 10.2 million a year! Some Canadians are un-aware of this sad reality, but as Christians we need to step up and care for all of these people. I truly believe if anyone suffers, we all suffer because we’re in this together.

I believe that God has placed amazing organizations like the Brockville & Area Food Bank to help our community. As Christians, this means championing this organization by praying, volunteering, giving, and

helping them in any way we can. People will see our loving, wonderful God through our actions. Through our acts of compassion people will see our wonderful, loving God.

Ania Wolframe ~ Grade 9

STINKY ISSUE

HUNGER & THIRST

For today’s Stinky Issue we are going to focus on hunger. Food is a necessity and we sometimes take it for granted but millions live each day trying to find enough to survive. Think about it, 1 in 9 people today in the world are living in hunger. We need to help!

When we look at the situation in Canada 1 in 7 people are going hungry. The root cause of hunger in Canada is low income. Food banks are so important at meeting this need!

People love food as much as they need food. So, let’s give it away, let’s eat together, let’s serve one another, let’s champion together. What an honour it is to feed one another and eat together.

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Preparing and cooking,
serving and eating meals are
Jesus-sanctioned activities

—Eugene Peterson



1 in 9

PEOPLE ARE
EXPERIENCING
GLOBAL HUNGER



1454

MONTHLY FOOD
BANK VISITS IN
BROCKVILLE

DAY 1

CHARITY MAKING A DIFFERENCE



THE BROCKVILLE & AREA FOOD BANK

58 Buell Street
Brockville, ON
613-342-0605

HOURS OPERATION

Tuesday - Friday
12:00 ~ 3:00 pm
2nd Monday of the month
6:00 ~ 7:30 pm

The Food Bank began in 1985 by area churches. The Brockville & Area Food Bank is a registered charity whose volunteers assist those in Brockville and the surrounding areas from Mallorytown to Maitland to secure food.

The food Bank serves clients year-round, so they truly count on donations from the people of Brockville and area 12 months of the year to keep shelves stocked. Every item and every dollar helps.

Cash donations allow Brockville & Area Food Bank to purchase exactly what they need at the time and to purchase items in bulk at reduced cost. All cash donations are eligible for an income tax receipt at year-end.



LOVE CHALLENGE

FOOD & FAST

For today's Love Challenge we are asking you to collect food. For the food collection we strongly encourage you to fast (not to eat) from sun-up to sun-down. We will be fasting from food and beverages except water. If you cannot do this for any reason, you can fast from something else of significance for the day or week like cellphones, Netflix, video games, social media etc.

While you are fasting, go door-to-door and collect non-perishable food items for The Brockville & Area Food Bank or the local food bank closest to you. This can be done with a friend or a parent/guardian. Then please hand deliver the food items you collected to the food bank. This way you can see first hand the great difference they are making in your community.

True Fasting - Isaiah 58:6-9

Fasting is a great discipline to broaden your perspective, a way to purposefully connect with God through focus. Use your hunger today as a reminder to pursue God through reflection & prayer.

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Love is

never

stationary.

—Bob Goff